

Health Professionals please:

1. Fill in the information required below in section 1 & 2
2. Get patient's consent in section 3
3. Fax or send referral to GRx at Sport Canterbury (03) 387 0284

SECTION 1—Health Professionals Details

Date: _____

Referrers name: _____ Organisation/Occupation: _____

Address: _____

Phone: _____ Email: _____

SECTION 2— Patients Details

NHI: _____

Patient name: _____ D.O.B: _____ Age: _____

Phone (home): _____ Other: _____ Best time to call: _____

Gender: (please circle) Male / Female Ethnicity: _____

Address: _____

Patients doctor: _____ Medical Practice: _____

Patients medical history: _____

Activity suggested by Health Professional: _____

Additional comments: _____

SECTION 3— Consent

Patient: I consent to my information being faxed to the Green Prescription Team

Patients signature: _____ or referrer initial & tick if verbal consent given

Please FAX referral to: (03) 387 0284 or EMAIL: grxsupport@sportcanterbury.org.nz

GRx may need to contact the patients GP/PN to sign off on this referral and provide additional relevant information. Please refer to the back of this form for MoH guidelines outlining 'Who can Prescribe Green'.

For further information, contact: Dave Jeffrey, Physical Activity Team Leader, Sport Canterbury, P O

Box 2606, Christchurch 8140 (03) 373 5042 or 0800 ACTIVE (22 84 83)

GRx - Referral Guidelines

To enable us to provide the best possible service for your patients please ensure the following when you refer a patient to Green Prescription:

1. Adult, 18 years or older.
2. You consider their health condition(s) stable enough for participation in low to moderate intensity physical activity.
3. Your patient is currently inactive (doing less than a total of 2.5 hours physical activity per week) but is ready to be more active.
4. Your patient understands what GRx is and gives their consent to being referred.
5. If required, your patient has access to appropriate people that can provide one-on-one support (i.e. physical or mental disability, language barrier).

If your patient is already regularly active, direct them to www.activecanterbury.org.nz for new physical activity ideas.

The table below shows the nominated allied health professionals given prescribing rights based on the Green Prescription Contract Holder guidelines Ministry of Health 2010.

Who can Prescribe Green

Yes	Yes, with GP sign-off
<ul style="list-style-type: none">• GP's• Practice Nurses• Outpatient/ ambulatory care specialists, including respiratory• Cardiac Nurses• House surgeons (preferably at discharge)• Hospital-based physiotherapists• Nurse practitioners	<ul style="list-style-type: none">• Registered Nurses• Diabetes Nurses• Pharmacists• Maori Health nurses• Plunket nurses and midwives• Mental Health/ addiction specialists (must provide patient support in conjunction with GRx support personnel)• Dieticians• Community-based physiotherapists

If you have any questions about GRx, please call GRx on **(03) 373 5042**

Thank you for your continuing support of Green Prescription.

Regards

Dave Jeffrey

Physical Activity Team Leader

Sport Canterbury

dave.jeffrey@sportcanterbury.org.nz

Phone: 03 373 5042

Fax: 03 387 0284