

SportStart Workshops

The following courses are available during a calendar year.

Generally courses are needs based. To have a workshop at your school a lead teacher in your school must have attended the full day SportStart workshop.

If you want a workshop for the staff at your school please get in contact your local Sport Canterbury Staff member below.

Options

SportStart

- Afterschool Introduction – condensed version
- Planning
- Assessment for Learning
- Multiskills (Year 1 – 3)
- Teaching Games for Understanding
 - Invasion games
 - Net and wall
 - Striking and fielding
 - Target games
- Gymnastics – SportStart
- Athletics – SportStart

Fundamental motor skills – what are they?

Parent presentation (pre primary) – readiness for primary schools (fundamental skills)

Parent presentation (primary aged) – The importance of physical literacy and Long Term Athlete Development