

Mental Health Services

- GRx staff can refer to Comcare and Active link services
- Information given to patients on a range of other services as required e.g. Richmond Services, MHAPS- Mental Health Advocacy and Peer Support
- Strong working relationship with the Mental Health Foundation- presentations at all Be Active Programs

Health Agencies

GRx staff can refer to the services of the following providers:

- Falls Prevention
- Arthritis NZ
- Stroke Foundation
- Medication Management Service
- Diabetes Centre, Group Education Classes
- Lactation Consultant Services
- Lead Maternity Carers

Green Prescription (GRx)

Referral pathways to other lifestyle support services

Smoking Cessation and Alcohol Screening

- All staff have undergone Heart Foundation Cessation Practitioner Training, Stage 1 & 2 (2 day course)
- Provide brief intervention, advice and prescription of NRT
- All GRx Patients are screened for alcohol use. Staff have received relevant training to provide brief advice in line with consumption guidelines and referral on to alcohol and drug helpline or other appropriate support.

Nutrition Services

- Appetite for Life (AFL) - GRx staff refer directly to AFL. In 2013 successfully trialled AFL courses running directly after Be Active programs - plans in place to do this again
- AFL - 10 Steps to a Healthier Weight - All staff trained in using this resource with patients
- Senior Chef - GRx staff able to refer directly to Senior Chef and all GRx staff are trained in the Seniors Eating Well Resource